

Art of Wellbeing - Studio Calendar Calendario del Estudio - Mayo 2024

For more information please contact us:

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Daily Schedule (Tues - Friday)

10-10:30 AM - Morning Meeting
10:30-11 AM - Morning Motion
11-12 PM - Cultural Corner Chat
1 PM - 5 PM - Open Studio
3-4 PM - Workshop of the day
4:30-5 PM - Clean Up

Horario Diario (Martes - Viernes)

10-10:30 AM - Reunión de la mañana
10:30-11 AM - Movimiento AM
11-12 PM - Rincón Cultural
1- 5 PM - Estudio Libre
3-4 PM - Lección del Día
4:30-5 PM - Limpieza



May 2024

Sunday Domingo	Monday Lunes	Tuesday Martes	Wednesday Miércoles	Thursday Jueves	Friday Viernes	Saturday Sábado
This Schedule for the MHC Art of Wellbeing Studio is subject to change.			1	2	3	4
5	Closed 6	Closed 7	8 10 AM - 4 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Mother's Day Cards/ Tarjetas del Día de las Madres	9 10 AM - 6 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Journaling / Diario	10 10 AM - 4 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Maracas	11
12	Closed 13	Closed 14	15 10 AM - 4 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Pixel Art / Arte de pixel	16 10 PM - 6 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Make your own Comic / Haz tu propio cómic	17 10 AM - 4 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Flamenco History / Historia de Flamenco	18
19	Closed 20	Closed 21	22 10 AM - 4 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Mandalas for meditation/ Mándalas para meditación	23 10 AM - 6 PM - Studio is Open/ Estudio Abierto 3 PM - 4 PM - Letter to yourself / Carta para ti mismo	24 Opening at 1:30 PM 2 PM - 4 PM - Mental Health Awareness Month Tie Dye / Mes de Conocimiento de la Salud Mental Teñido de Camisetas	25
26	Closed 27 Memorial Day	Closed 28	29 10 AM - 1 PM - Studio is Open/ Estudio Abierto 1 PM - 4 PM - Outdoor garden with MHC GROW! / Jardín exterior con la programa "GROW!"	30 10 AM - 4:30 PM - Studio is Open/ Estudio Abierto 4:30 PM - 5:30 PM - The Village Culture Share Social Workshop (Must be Registered) Grupo Social de Cultura (Registrarse Requerido)	31 Packing Day - Studio Closed	

En el sótano de FWC - Lower Level B at FWC - 590 Park Street, Hartford, CT 06106