



## MHC's 2021 Legislative Priorities

2021 Legislative Session:  
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Learn more about MHC, and our 2020 wins and challenges at:

[www.mhconn.org/yearinreview](http://www.mhconn.org/yearinreview)

Mental Health Connecticut (MHC) envisions a future where wellbeing is rooted in respect for the condition of being human.

We get closer to realizing this future vision each day by partnering with individuals, families, and communities to create environments that support long-term health and wellness.

Mental Health Connecticut (MHC) began in 1908 as an advocacy organization fighting for the fair treatment of all Connecticut residents. We believe everyone has the right to choose their path to recovery (Home, Health, Purpose, and Community). We support legislation that increases access to care, challenges stigma and discrimination, encourages preventative care, and elevates mental wellness to the same level of priority as physical wellness. Learn more at: [www.mhconn.org/advocacy](http://www.mhconn.org/advocacy)

In 2021, MHC's legislative priorities will be focused on:

- Reengaging **CT Parity Coalition** members ([www.ctparitycoalition.org](http://www.ctparitycoalition.org)), state legislators, and CT's Insurance Department to ensure private health insurance plans are in compliance with Federal and State laws
- MHC is committed to **investigating systemic failures** where oppression, racism, and inequity intersect in the mental health system. **Institutional and structural racism** has been imbedded within our system of care forever. We call for reinvention to begin working on long term solutions, as well as immediate attention to short-term solutions
- Ensuring Connecticut continues to invest and **support telehealth** across the state, and particularly in rural areas
- Working collaboratively to increase access to **emotional safety** programs and support necessary to fight the "mental health pandemic," a consequence from the Coronavirus



live in a safe  
**HOME**



achieve  
**WHOLE HEALTH**



fulfill  
**PURPOSE**



engage in the  
**COMMUNITY**