Our Vision
We envision a future where wellbeing is rooted in respect for the condition of being human.

Our Mission
Mental Health Connecticut partners with individuals, families, and communities to create environments that support long-term health and wellness.

Our Philosophy
In our world, “environment” has many meanings, from creating a welcoming, safe, physical place to making room in a conversation for others to be seen and heard.

We see amazing possibilities realized when an individual is supported for who they are and how they see the world, instead of the diagnosis or limitations that can become so intricately tied to someone’s identity.
Our Programs  
*Approximate number of participants enrolled in each program within FY20*

![Bar chart showing the approximate number of participants enrolled in each program within FY20.](chart)

Our Outcomes  
*Program Participant Satisfaction Survey (346 individuals participated)*

<table>
<thead>
<tr>
<th>Question Domain</th>
<th>Satisfied % vs Goal</th>
<th>Satisfied %</th>
<th>Goal %</th>
<th>State Avg</th>
</tr>
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<tbody>
<tr>
<td>Quality and Appropriateness</td>
<td>96%</td>
<td>80%</td>
<td>93%</td>
<td></td>
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<tr>
<td>General Satisfaction</td>
<td>94%</td>
<td>80%</td>
<td>92%</td>
<td></td>
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<tr>
<td>Participation in Treatment</td>
<td>95%</td>
<td>80%</td>
<td>93%</td>
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<td>Overall</td>
<td>93%</td>
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<tr>
<td>Access</td>
<td>94%</td>
<td>80%</td>
<td>89%</td>
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<tr>
<td>Respect</td>
<td>94%</td>
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<tr>
<td>Outcome</td>
<td>85%</td>
<td>80%</td>
<td>84%</td>
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<tr>
<td>Recovery</td>
<td>81%</td>
<td>80%</td>
<td>81%</td>
<td></td>
</tr>
</tbody>
</table>
Our Participants

**Age**

- 65+: 0
- 55-64: 50
- 45-54: 150
- 35-44: 200
- 25-34: 250
- 18-24: 300

**Gender**

- Female: 0
- Transgender Male: 100
- Transgender Female: 200
- Male: 300

**Race**

- White/Caucasian: 400
- Black/African American: 300
- Other/Unknown: 200
- Asian: 100
- American Indian/Native Alaskan: 0

**County**

- Other (outside CT): 0
- Windham: 50
- Tolland: 100
- New London: 150
- Middlesex: 200
- Hartford: 250
- New Haven: 300
- Fairfield: 350
- Litchfield: 400

*Figures do not include data from program participants from our homeless or community educations programs.
Our Revenue

- **80%** Government Contracts
- **19%** Fee for Service
- **1%** Fundraising, Events & Investments

Our Stories

In lieu of an extended Annual Report, visit [www.mhconn.org/yearinreview](http://www.mhconn.org/yearinreview) to learn more about Mental Health Connecticut and view our Year in Review stories.

Hear from our staff, Board members, program participants, and community partners from across the state as we discuss our mission, vision, and values and share heartwarming stories of our collective resiliency, innovation, and strength.
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About Us

Established in 1908, Mental Health Connecticut (MHC) is a statewide, private nonprofit organization focused on mental health advocacy, education, and service. Following in the footsteps of our founder, Clifford W. Beers, we continue to move toward a future where individuals with mental health conditions are treated fairly and have the opportunity to lead a rewarding life on their terms.

With a person-centered approach to care, MHC partners with individuals, their families, and the surrounding communities to create environments that support long-term health and wellness. We measure success by our ability to help individuals obtain a safe home, achieve whole health, realize a meaningful purpose, and develop connections in the community.

MHC’s 200+ employees serve nearly 1,000 individuals each day. We provide residential and support services in Stamford, Bridgeport, Danbury, Waterbury, Torrington, and West Hartford while our in-home support and community education programs are statewide. MHC leads homeless outreach, diversion, and rapid rehousing efforts in Waterbury and the Northwest corner, and we operate one of the only housing programs in the U.S. for individuals who are deaf and have a mental health condition. Our advocacy efforts include working with federal, state, and local governments to protect civil rights and increase access to community-based care.

We are committed to delivering the highest quality services to our program participants while partnering with other agencies, local business, advocates, legislators, and other thought leaders across the state for the betterment of our communities and a shared wellbeing for all.