



Kim Sirois Pita
Board Chair

Luis B. Pérez, LCSW
President & CEO

Dear Friend,

As President & CEO and Board Chair of Mental Health Connecticut (MHC), we are excited to share the accomplishments of our team in 2020.

The staff at MHC are dedicated and passionate partners to those we serve. In a time of a pandemic and social unrest, our team doubled down on our commitment to putting people first. Transitioning from mostly in-person care to 75% virtual overnight was no easy feat – but our collective strengths across all of our departments made it possible so that we could support our staff and program participants, launch new programs, expand services, and provide free resources to the public.

On behalf of our team, we invite you to visit our 2020 Digital Year in Review at www.mhconn.org/yearinreview starting December 1 where you will learn about our mission, vision, and values as an organization, hear from our staff, Board members, program participants, and community partners across the state, and enjoy heartwarming stories of resiliency, innovation, and strength.

Our ability to partner with individuals, families, and communities to create environments that promote long term health and wellness is possible because of the generosity of our donors and funders that support this essential work.

Please join us in making a year-end contribution to Mental Health Connecticut. Your donation is an investment in our incredible team and in MHC's ability to be a valued resource for the health and wellness of all Connecticut residents.

Be well,

A handwritten signature in black ink that reads "Luis B. Pérez".

Luis B. Perez, LCSW
President & CEO

A handwritten signature in black ink that reads "Kim S. Pita".

Kim S. Pita
Board Chair