



Whole Health Action Management

Meet the Trainers

Jean Dukarski

Jean Dukarski has trained more than 800 Peer Support Specialists in Michigan and is a Whole Health Action Management (WHAM) Senior Trainer. Jean served as a Program Director for the Justice in Mental Health Organization (JIMHO). JIMHO is the state's oldest peer-run center providing services to more than 1,200 individuals a year including the operation of a short-term emergency shelter, a transitional house, and an apartment subsidized housing project. She has also provided technical assistance for the development and sustainability of other non-profit peer-run organizations throughout Michigan as Associate Director of Project Doors.

Larry Fricks

Larry Fricks is the Director of the Appalachian Consulting Group and Deputy Director of the SAMHSA-HRSA Center for Integrated Health Solutions. For 13 years he served as Georgia's Director of the Office of Consumer Relations and Recovery in the Division of Mental Health, Developmental Disabilities and Addictive Diseases. A founder of the Georgia Mental Health Consumer Network and Georgia's Peer Specialist Training and Certification, he has a journalism degree from the University of Georgia and has won numerous journalism awards. He is a recipient of the American Association for World Health Award and the Lifetime Achievement Voice Award from the Substance Abuse and Mental Health Services Administration for the development and adoption of multiple innovative, community recovery-oriented programs and services. Larry's recovery story and life's work to support the recovery of others was published by HarperCollins in the New York Time's best-selling book *Strong at the Broken Places* by Richard M. Cohen.