

Supported Employment

Mental Health Connecticut (MHC) understands that employment gives people purpose. Through supported employment, MHC connects employers and people with mental health conditions to engage them in opportunities to gain competitive employment, work alongside people with and without disabilities, and experience the social, financial, and intellectual benefits of employment.



MHC offers services and supports to secure employment, including:

- Pre-employment tasks, such as job searches, resume writing, job application procedures, and interview skills;
- Learning tasks associated with jobs;
- Monitoring employment progress;
- Building natural supports on the job; and/or
- Negotiating any necessary special accommodations.



Furthermore, MHC's supported employment staff work with employers to:

- Identify candidates that have the skill requirements to meet employment needs;
- Assist with training and supervising placed job seekers as necessary;
- Provide highly-skilled and professional employment staff who serve as an extension of the human resources department; and
- Assist with addressing performance concerns as necessary.

Understanding that language barriers can further impede an individual's ability to find and secure employment, MHC's supported

employment programs employ staff who are fluent in Spanish and American Sign Language (ASL) to meet the employment needs of mono-lingual Spanish speakers and members of the Deaf community. Staff is skilled in developing effective methods of communication between job seekers and mono-lingual English and non-ASL employers and co-workers resulting in employment matches that were nearly impossible in the past.

For more information about MHC's Supported Employment Program, please contact:

Waterbury Supported Employment:
203-757-5431

West Hartford Supported Employment:
860-523-0289

