

# Residential Services

Without a place to call home, the ability to focus on one's health and wellness is greatly diminished. Mental Health Connecticut (MHC) understands this and offers adults with mental health conditions a place to call home in the community.

Specifically, MHC offers homes for people with mental health conditions throughout Bridgeport, Danbury, Stamford, Torrington, Waterbury, and West Hartford. Homes range from scattered-site supported housing to transitional housing and supervised apartments.

In addition to serving adults with mental health conditions, MHC offers population-specific residential services as well. For instance, MHC offers transitional housing in Torrington for young adults and supervised apartments in West Hartford for people with mental health conditions who are deaf.

MHC provides people with mental health conditions the services and supports they need to live



successfully in their homes. Such services reduce the risks associated with institutionalization, emergency room usage, homelessness, and criminalization. In addition, they promote health, wellness, and success in the community for people with mental health conditions who may not have lived successfully in the community in the past.





### **Danbury Residential Services**

345 Main Street, 2<sup>nd</sup> Floor  
Danbury, CT 06810  
203-798-2853

### **Stamford Residential Services**

1480 Bedford Street  
Stamford, CT 06905  
203-323-0124

### **Torrington Residential Services**

30 Peck Road, Building 1, 1<sup>st</sup> Floor  
Torrington, CT 06790  
860-496-7670

### **Waterbury Residential Services**

969 West Main Street, Suite 3-A  
Waterbury, CT 06708  
203-757-8153

### **West Hartford Residential Services**

[robinsonhouse@mhconn.org](mailto:robinsonhouse@mhconn.org)

**For more information  
specific to each program,  
please contact:**

### **Bridgeport Residential Services**

4270 Main Street, 4<sup>th</sup> Floor  
Bridgeport, CT 06606  
203-365-8444

