

# Mental Health Waiver Program

Through the waiver program, the State of Connecticut offers an array of home and community-based services. These services assist Medicaid eligible adults with serious mental health conditions with living successfully in the community and avoiding institutional care.

Mental Health Connecticut (MHC) is a state-approved Mental Health Waiver provider. As such, MHC's waiver program offers participants individualized recovery plans, which can include:

- Person-centered, goal-oriented, recovery plans focused on rehabilitation
- Development of goals and motivational support for pursuing and achieving independence, community involvement, and use of natural supports
- Skill building and support for activities associated with daily-living skills, including budgeting, shopping, transportation, and scheduling appointments
- Residential supports to promote successful independent living
- Education, support, and collaboration with family members
- Community integration and engagement, including accompaniment to social events, shopping, movies, parks, and similar destinations.



This program makes it possible for adults with serious mental health conditions to receive home and community-based services and supports that promote health, wellness, recovery, and success in the community.

**For more information,  
please call 203-527-3145.**

